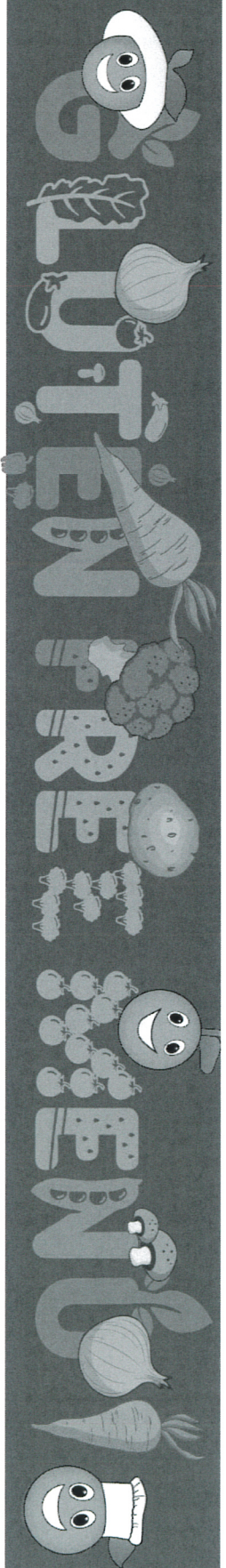


NOVEMBER TO  
MARCH 2026

**NOURISH**  
GROW WITH US



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**WEEK ONE**

3 Nov	Chicken Stew		Roast Gammon & Gravy		Beef Bolognaise on Wedges		Gluten Free Battered Fish 8
24 Nov	Jackets with a Choice of Toppings 7,8,9	Bean Biryani VG	Jackets with a Choice of Toppings 7,8,9	Jackets with a Choice of Toppings 7,8,9	Loaded Bean Chilli Wedges VG	Jackets with a Choice of Toppings 7,8,9	Vegetable Sausage VG
15 Dec	Crushed Potato						
19 Jan	Cauliflower,	Seasonal Vegetables		Rustic Roast Potatoes,	Green Beans		Chips,
9 Feb	Carrots			Cabbage,	Grated Carrots		Sweetcorn, Baked Beans
9 March	Strawberry Mousse 7	Fruit & Custard 7		Fruit Jelly VG	Yoghurt 3,7,		Cucumber Sticks
30 March	Fruit Pots VG	Fruit Pots VG		Yoghurt 3,7, Fruit Pots VG	Fruit Pots VG		Yoghurt 3,7
							Fruit Pots VG

**WEEK TWO**

10 Nov	Caribbean Brown Chicken		Roast Chicken & Gravy		Beef Stew		Homemade Salmon Bites 8
1 Dec	Jackets with a Choice of Toppings 7,8,9	Buffalo Cauliflower Wings & Wedges VG	Jackets with a Choice of Toppings 7,8,9	Jackets with a Choice of Toppings 7,8,9	Jackets with a Choice of Toppings 7,8,9		Gluten Free Battered Fish 8
5 Jan							Jackets with a Choice of Toppings 7,8,9
26 Jan	Rice,	Jackets with a Choice of Toppings 7,8,9		Rustic Roast Potatoes	Cauliflower,		Chips,
23 Feb	Carrots,			Broccoli,	Green Beans		Peas,
16 March	Peas	Seasonal Vegetables		Carrots	Yoghurt 3,7,		Coleslaw 9
					Fruit Pots VG		
	Chocolate Ice Cream 7	Fruit & Custard 7		Yoghurt 3,7,			Yoghurt 3,7
	Fruit Pots VG	Fruit Pots VG		Fruit Pots VG			Fruit Pots VG

**WEEK THREE**

17 Nov	Sweet Potato & Chick Pea Curry VG		Roast Pork & Gravy		Beef Cottage Pie		Gluten Free Battered Fish 8
8 Dec	Jackets with a Choice of Toppings 7,8,9	Stir Fried Chicken, Vegetables & Rice	Jackets with a Choice of Toppings 7,8,9	Jackets with a Choice of Toppings 7,8,9	Jackets with a Choice of Toppings 7,8,9		Jackets with a Choice of Toppings 7,8,9
12 Jan							
2 Feb	Rice,	BBQ Vegetable Rice VG		Rustic Roast Potatoes,	Seasonal Vegetables		Chips,
2 March	Green Beans,	Jackets with a Choice of Toppings 7,8,9		Green Beans,	Yoghurt 3,7,		Peas, Baked Beans,
23 March	Mixed Salad			Carrots	Fruit Jelly VG		Grated Carrot
27 Oct					Fruit Pots VG		
	Fruit & Custard 7	Chocolate Rice Pudding 7					Yoghurt 3,7,
	Fruit Pots VG	Fruit Pots VG		Yoghurt 3,7, Fruit Pots VG			Fruit Pots VG

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg  
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan Vegetarian

**AVAILABLE  
DAILY**

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

**WE ♥ VEGGIES**

